

The Sirens of Sensual Romances

July 2009
Newsletter



The Sirens

Mechele Armstrong

Alice Gaines

Treva Harte

Katherine Kingston

Lynn LaFleur

Lynn Lorenz

Randi Monroe

Judy Mays

Ruby Storm

Samantha Winston

Welcome to the Sirens of Sensual Romances Newsletter!

Hot days, warm nights, summer breezes, vacations, time at the cottage or lake, family popping in when least expected, hot dogs on the grill, watermelon in the frig--it's all a part of July and the lazy days of summer. July is also a time when it's harder to snatch a few minutes to curl up with a good book. When you do, be sure it's with one of the tales of erotic love from the novels of the Sirens of Sensual Romances and the stories that bring to life your fondest dreams and most forbidden desires. Perfect for a mid-summer night, whether you're reading alone or sitting beside your honey.

As a group the Sirens of Sensual Romances have written more than 100 novels, spanning genres from historical to futuristic, from scary horror to action/adventure, from erotically sensual to pass-the-fire-extinguisher HOT!

Our newsletter is released around the 15th of each month. We'll always have interesting articles, excerpts, and featured author interviews, as well as recipes, reviews, and answers to any of your questions about our books and your favorite characters. Each month we'll also have a contest with lots of good things to give away to our wonderful newsletter members.

We love reading your comments. Please keep sending them to: comments@sensualromances.com. And thank you for subscribing!



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Sirens of Sensual Romances News



Mechele Armstrong
<http://www.mechelearmstrong.com>

Mechele Armstrong is thrilled to announce the sale of a contemporary ménage, *Another Night, Another Dream to Loose Id*. Release information should be coming soon.

Alice Gaines

<http://home.pacbell.net/halice/>

Love ménages? **Red Sage Publishing** launches a series of ménages this month called *Three Kinds of Wicked*. It centers on a time-traveling character named Trey whose mission is to help human lovers find their Happily Ever After. Visit the website at [Three Kinds of Wicked](http://home.pacbell.net/halice/).

Alice Gaines will have a novella in the series in August. *To Touch a Woman* tells the story of Edward and Margaret Sinclair, a Victorian couple deeply in love who need some help in the bedroom. Lucky Margaret has both Edward and Trey at her beck and call.



Treva Harte
www.trevaharte.com

Siren of Sensual Romances **Treva Harte** was interviewed about her business, writing and personal life in the *Washington Post* Style section. You can view the article at:

http://www.washingtonpost.com/wp-dyn/content/article/2009/06/26/AR2009062602163.html?wprss=rss_print/style

Katherine Kingston

www.katherinekingston.com

Phantom Affair, a Quickie ghost story that is part of the *Lara PUNCHES Memorial Fund* series, released on July 3 from Ellora's Cave.

Order link: <http://www.jasminejade.com/p-7362-phantom-affair.aspx>

In *Phantom Affair*, Robert is the best lover Kelly has ever had – handsome, thoughtful, engaging and a thrilling sexual dominant. Too bad he's a ghost who can't actually touch her. When Robert suggests a risky sexual adventure that could offer him a second chance at corporeal life, Kelly agrees to it. He's open about the dangers of the process, but success carries its own peril. Reality cannot possibly live up to fantasy, can it?

Note: Part of the proceeds from this book is being donated to the family of Lara Anne PUNCHES, whose life ended tragically and too early.

Lynn LaFleur
www.lynnlafleur.com

Almost Perfection, the third book of Lynn LaFleur's *Coopers' Companions* series, is now available in print! *Almost Perfection* is the story of Brent, the middle Cooper sibling. He's happy as an escort and sees no reason to change any part of his life. Love is for everyone else, not him. Enter Robin Howell, and Brent's whole world is turned upside down. Brent and Robin are put to the test when a man from Robin's past comes back into their lives. Stuart Holden has killed once to keep Robin by his side. He won't hesitate to kill again.

<http://www.jasminejade.com/p-7399-almost-perfection.aspx?skinid=11>



Ruby Storm
www.rubystorm.net

Ruby Storm is thrilled to announce that *Mr. Fullservice*, an erotic contemporary, has been released in Spanish print translation. *Mr. Fullservice* is about finding love the second time around, no matter the age difference. The Spanish version can be purchased via the *El Terco Nombre* [website](http://www.rubystorm.net). Gracias!



Sirens of Sensual Romances Appearances and Book Signings

Come meet Sirens of Sensual Romances **Judy Mays**, **Lynn LaFleur**, **Randi Monroe** and **Ruby Storm**, and many of your other favorite authors and cover models at **Ellora's Cave RomantiCon**, their first-ever convention, October 9-11, 2009 at the Quality Inn & Suites, 4742 Brecksville Rd., Richfield, OH! **Ellora's Cave**, **Cerridwen Press** and **The Lotus Circle** authors will be spotlighted.

On Sunday, at the **RomantiCon's** book signing, **Judy** will sign copies of her newest paperback *Rednecks and Romance. A Touch of Heat* and *Celestial Passions: Briana* will be available.

Randi and **Lynn** will be signing *Turning Point*, their first novel as writing partners, and the second in *The Tarot Café* series.

Lynn will also be signing copies of the three books in her *Coopers' Companions* series: *Almost Perfection*, *Michelle's Men*, and *Rent-a-Stud*.

Ruby will be signing *Mr. Fullservice* and *Keeper of the Spirit. His Toys* will also be available.

If you're already purchased these books, please bring them with you. Judy, Lynn, Randi and Ruby will be happy to sign them.

For information regarding the **Ellora Cave's RomantiCon**, please visit www.jasminejade.com/romanticon

Sirens of Sensual Romances Contests and Winner

June Contest Winner

The winner of the June Sirens of Sensual Romances' Featured Author contest prize is ...

Yahoo ID: kornaholic92

Congratulations! Please contact June's Sirens of Sensual Romances Featured Author, **Lynn LaFleur**.

Omalio2001 receives a choice from a variety of downloads of Lynn's many books from **Ellora's Cave** and **Cerridwen Press**.

July Contest

Lynn LaFleur and **Randi Monroe** are pleased to offer a download of *Turning Point*, their first novel written as a team and published by **Ellora's Cave** as the second novel in *The Tarot Café* series.

Good luck to everyone!

♥ *Subscribers, please note our contest rules:* contest winners must contact the awarding author by e-mail in order to redeem their prize(s). Failure to do so prior to publication of the next month's newsletter will result in forfeiture of their prize(s). Author e-mail addresses are listed on the back page of The Sirens of Sensual Romances Newsletter.



Sirens of Sensual Romances Reviews



SEXATION
By Alice Gaines
<http://home.pacbell.net/halice/>
Publisher: [Changeling Press](#)
Genre: BDSM
ISBN: 978-1-60521-089-6

The Romance Studio review – *Sexation* by Alice Gaines - Five Stars from The Romance Studio!

“Alice Gaines pens a funny tale of misconceptions that could happen between worlds. She seems to be a strong proponent of the theory that everyone should ‘make love, not war!’ At least in this case the questions that evolve from their differences lead to a lot of fun. It, Carly and Randall, her husband, seem to find many erotic ways to communicate... This is one of those books that’s a real joy to read. It should give any reader more smiles than you’ve had for a while.” ~ *Reviewed June 18, 2009 by Dee Dailey*

Overall rating: ♥♥♥♥♥

Sensuality rating: Explicit

[The Romance Studio review – Sexation by Alice Gaines](#)



KYLE’S BARGAIN
By Katherine Kingston
<http://www.katherinekingston.com>
Publisher: Ellora’s Cave
Buy Link: <http://www.jasminejade.com/pm-7265-97-kyles-bargain.aspx>
Genre: BDSM
ISBN: 9781419921681



“This is a hot story with great characters. Intense sex scenes heat up the story while several sub-plots provide conflict which aren’t easily resolved. Even the most minor of characters are used to utmost perfection to set the scenes and evolve Kyle and Meg’s characters. A recommended scorcher.” ~ *Reviewed by Romance Junkies Reviewer: CinLee*

http://romancejunkiesreviews.com/artman/publish/contemporary/Kyle_s_Bargain.shtml

Four Stars! - *Kyle's Bargain* “is one of those stories that I simply could not put down. [...] This story has a host of characters, from Meg’s sister to fellow storeowners who helped to move the story along and make it all the more real. Meg’s character is far braver than I would be in her situation which made for an interesting story. I wanted to dislike Kyle from the start but I found that I couldn’t. He is a very nice guy who just happens to have unique tastes. I enjoyed the interaction between these two a great deal. [...] Overall, as a summer read *Kyle's Bargain* is one to add to your list.” ~ *Reviewed by Stefani Clayton, Just Erotic Romance Reviews*

Kyle's Bargain “is an erotic romance in which the author Katherine Kingston gives us an in depth look into the world of BDSM. The roles between dominant and submissive are very clear. It’s the interaction between all the characters that I found interesting. [...] On the whole *Kyle's Bargain* is a good read, the sex is hot with graphic bondage scenes which makes for an interesting story.”
– *Reviewed by Gloria Gehres, Rated 3*

http://www.theromancereadersconnection.com/index.php?option=com_content&view=article&id=2904:kingston-katherine-kyles-bargain&catid=25:new-reviews&Itemid=2



Enticing Excerpts

Excerpt from **PHANTOM AFFAIR** By Katherine Kingston

Part of the fund-raiser series of *Quickies* in memory of Lara PUNCHES

<http://www.katherinekingston.com/>

Publisher: Ellora's Cave Publishing

<http://www.jasminejade.com/p-7362-phantom-affair.aspx>

Excerpt from *Phantom Affair*

"Tell me what's happened the last few days,"



Robert said, his half-visible form kneeling beside the chair. It appeared his hands were around her feet, though he couldn't truly touch her. Still, the air shifted around her toes, stroking them gently but firmly.

"Damn, that feels good." Kelly settled deeper into the chair. The air pressed and rubbed in a way that air shouldn't be able to do, but

she wasn't arguing. "This project is turning out to be a bear," she told him. He kept "rubbing" her feet while she poured out all that had happened in the past couple of days, venting all the aggravations and irritations. Getting it out always made her feel lighter.

Because she had a lot to get off her chest, it took a while to notice something different. "You're very quiet," she said to Robert. Normally, he responded enthusiastically to her tales, asking thoughtful questions, demanding details and reassuring her where he felt it was needed. "Is something wrong?"

"No, not wrong. I have something to discuss with you but not right now. A little later."

She stared at him for a moment but could read little in the shadowy face. He never had worn his emotions openly. "All right."

"We have other things to do first."

The stroking moved up from her feet, along her calves and onto her thighs, pushing below her skirt. It didn't feel exactly like a human touch but it was close enough for each brush of air on sensitive skin to send those prickly tingles running along her nerves and rousing desire for more. She imagined Robert's fingers doing that march along her skin and got even hotter.

"Take off your blouse and the bra for me," he said. He turned one part of his limitation into a virtue by ordering her to do the things he couldn't. She'd read about it, but until now she'd never understood on a personal level how sexy it would be to take off her clothes at the command of a dominant man. Even if said dominant wasn't entirely solid.

As soon as she'd shed the shirt and bra and settled back down, another set of air puffs began circling her breasts. Add to the ghost lover's pro list that he wasn't apparently limited to two hands' worth of air. There were still swirly bits running up and down her legs as well.

On the con side, it lacked the rich texture of human touch. But it was firm enough to be convincing and still had the effect of making her jolt and groan when it brushed over her nipples and pressed down on them. She thought about Robert while the air caressed her and tried to picture him in her mind, lying beside her, leaning over, his hands exploring her body just as the air did now.

"I don't know how you do it," Kelly said through gritted teeth, "But you're good."

"Guy's gotta have a few secrets." Robert's tone held an edge of laughter.

"You've got plenty already..." The words ended in a groan as he did something that made her nipples ache with delight. The thrill zinged straight to her pussy, which swelled and grew damp.

"Take off the skirt." That slight British intonation lent a shivery sort of authority to the words. She lowered the zipper and wriggled out of the garment, while he continued to caress her breasts. Little lightning bolts of pleasure zapped her nipples, drawing moans and groans from her.

"You're beautiful, you know," he said. "I love that I can give you pleasure like this. I love watching you."



Enticing Excerpts

PHANTHOM AFFAIR By Katherine Kingston

Continued from Page 5

She wished she could touch him the same way, give him the same pleasure, but the one time she'd mentioned it to him he grew silent and retreated, so she didn't bring it up now. He had told her he got a thrill from seeing her ecstasy.

Once she'd dispensed with the skirt, he directed the air to work down her belly and into her slit, teasing at it through the silken panties that were all she still wore. Gentle strokes grew gradually firmer and harder until she was wriggling on the leather surface and begging for him to go faster. Need expanded inside her like a magma chamber beneath a volcano, demanding release.

She was all but sobbing when the air suddenly went away.

"Take off the panties, then go get the vibrator," he said. "You're getting the full-on thing this time."

~*~

Visit Katherine Kingston at
<http://www.katherinekingston.com>



Aphrodisiacs - fact or fiction? Part III

Throughout history, food has always played an important role in seduction. In this issue, we continue to list the everyday foods we all keep in our fridges or pantries that can – allegedly – do much more than satisfy a sweet tooth or calm a growling tummy. Enjoy!

Arugula

Arugula or "rocket" seed has been documented as an aphrodisiac since the first century A.D. This ingredient was added to grated orchid bulbs and parsnips and also combined with pine nuts and pistachios. Arugula greens are frequently used in salads and pasta.

Garlic

The "heat" in garlic is said to stir sexual desires. Garlic has been used for centuries to cure everything from the common cold to heart ailments. This is a good time for moderation, and make sure you and your partner share it together. Enjoy a pasta with a lightly garlicky sauce. Too much and you may douse the flame this wonderful ingredient inspires.

Ginger

Ginger root raw, cooked or crystallized is a stimulant to the circulatory system. Perhaps a stir-fry with freshly grated ginger can stir up something spicy in the bedroom later.

Pine Nuts

Zinc is a key mineral necessary to maintain male potency and pine nuts are rich in zinc. Pine nuts have been used to stimulate the libido as far back as Medieval times. Serve pine nut cookies with a dark espresso for a stimulating dessert.

Once again our thanks to *Cambridge World History of Food*, and *gourmetsleuth.com*. Check back next month for Part IV of IV.



Enticing Excerpts

Excerpt from

ABDUCTION

From the book *Ellora's Cavemen: Legendary Tails I*

By Lynn LaFleur

<http://www.lynnlafleur.com/>

Publisher: Ellora's Cave

<http://www.jasminejade.com/pm-5168-101-elloras-cavemen-legendary-tails-i.aspx?skinid=11>

ISBN: 978-141-9901539 (ebook)

978-141-9951510 (print)

Genre: Xanadu/Anthology

Book Length: Super Plus Novel



Michaela Ware has loved Jaxon Greene for almost a year, but he only thinks of her as a friend. Driving him home from a party on a Friday night, her car is engulfed by a bright light. It lasts for only a moment...or so they think.

Seven hours of their lives disappear. Mike has a

theory – an alien abduction. Jax doesn't believe that. As a reporter, he has to investigate what happened to them, and how.

He's never had sexual thoughts of his pal Mike, but he's suddenly consumed by them. Yet they seem more like memories than fantasies. That can't be possible since he and Mike have never made love.

Or have they?

Excerpt from Abduction

Mike turned to her right side and punched her pillow, trying to maneuver the lump into something that actually resembled a pillow and not a rock. She didn't remember her pillow ever being this uncomfortable.

She couldn't remember her body ever being this uncomfortable either.

Mike winced as she shifted on the bed. Little aches tugged at her muscles. The area between her thighs felt swollen and sore, almost as if she'd spent several hours having sex. Since she was sure *that* hadn't happened, she didn't understand the tenderness.

This whole evening had been a mystery.

Seven hours had disappeared. It simply couldn't happen, yet it had. She and Jax had been together, and he'd experienced the same thing. They'd both looked at the clock on her car's dash. They'd both heard the disc jockey announce the time.

Mike didn't scare easily. This scared her.

Sleep wouldn't be possible, no matter how much she wanted to simply lose consciousness for awhile. With a sigh, Mike rolled to her back. She gasped when the covers rasped across her tender nipples. Cradling her breasts in her hands, she gently rubbed her thumbs over the nubs. They were hard and very sensitive.

Her sexual experience included all of three men. Only one of them had been a good lover, and he'd been incredible. He'd taught her to enjoy her body...how to touch, *where* to touch, to give her the most pleasure. Her nipples were close to the top of the list. She'd always wanted them to have a lot of attention, so they'd often been tender after lovemaking.

Like now.

She whisked her thumbs across the hard tips again. She didn't understand why they would be so tender. It'd been months since she'd had sex with a man, and she hadn't touched her nipples for several days. An image formed in her mind as she continued to caress herself...an image of full lips wrapped around one hard tip...

Mike leaned her head back, rested her palms on the desk behind her, and sighed from pleasure. She could feel Jax's gentle suckling of her nipple all the way down her body. Oh, he did that so well! He didn't simply latch onto her nipple and try to suck it off – he made love to it, using his entire mouth.

"Tell me if I do something you don't like," he whispered against her breast.

"I will. No problem so far."



Enticing Excerpts

ABDUCTION By Lynn LaFleur

Continued from Page 7

She felt his lips curve. He raised his head and grinned at her. "I like a woman who knows what she wants."

"I know exactly what I want." Mike tunneled her fingers into his hair and tugged him back to her breast. "More."

He obeyed her instantly, cupping both breasts in his hands while licking her right nipple. Her left nipple received a long swipe of his tongue before he stood up straight again. "I've thought about you, wondered what you look like beneath the loose clothing you always wear." His hands kneaded her breasts while his thumbs circled the areolas over and over.

"These are beautiful, Michaela."

His praise warmed her heart...and the rest of her body.

So far, she'd received all the attention from Jax. She hadn't complained at his passionate kisses, or when he'd slipped her sweater over her head. She definitely hadn't complained when he'd removed her bra and started touching her.

But now it was his turn to show some skin. "Take off your shirt."

Jax continued to caress her breasts. "Take it off for me."

The sexy, smoky look in his silver eyes made Mike swallow hard. She clenched her hands into fists a moment before reaching for the top button of his Henley pullover. She'd seen him without a shirt several times, but never this close, this...intimate.

Releasing the top button gave her a glimpse of dark chest hair. More hair was exposed as she slowly unfastened the remaining three buttons to the middle of his chest. She parted the edges and pressed a kiss on his warm skin.

"Michaela," he said thickly.

"Hmm?" She inhaled deeply. The scent of musk and man made her head spin.

"Take off my shirt."

"I'm busy." She licked him from the center of his chest up to his neck.

He squeezed both nipples between his thumbs and forefingers. "You shouldn't tease me when I have you literally in my hands."

Feeling impish, she grinned as she tugged his shirt from the waistband of his jeans. "If you want to hurt me, that isn't the way to do it. I like my nipples squeezed." She ran her hands under his shirt and up his stomach. The crisp hair tickled her palms.

Mike decided she'd teased too much when she heard Jax growl. She'd never heard a man growl. He jerked his shirt over his head and dropped it to the floor. She had only a moment to admire that glorious chest before he plastered it against her breasts.

She had no complaints about that.

Jax wrapped his arms around her and kissed her hungrily. His tongue darted past her lips to tangle with hers. Mike couldn't breathe, the sensations were so powerful. She'd never felt such overwhelming desire, such need to be joined with a man. Claspng his head, she feasted on his mouth.

She felt his hand between their bodies. He'd already unsnapped her jeans, but hadn't unzipped them. That fact quickly changed. The rasp of the zipper made Mike catch her breath.

Jax lifted his head and gave her a devilish grin. "Now it's my turn to tease."

~*~

Visit Lynn LaFleur at:
<http://www.lynnlafleur.com/>



Enticing Excerpts

Excerpt from
**MYTHS AND LEGENDS:
PUMA**
By Judy Mays

<http://www.judymays.com/>

Publisher: Changeling Press
Release Date: August 29, 2009



Myths....
Legends....
What is true? What
isn't?

Out of the shadows
steps a golden god... a
man who has escaped
the destiny of every
blond-haired, blue-eyed
child, life in the temples
until the age of puberty

— the age of sacrifice.

For those whose need is greatest, a golden
puma will appear...

The shape shifter Karrak knows only two
purposes in life — revenge on the corrupt
priests who murdered his mother because of
her blond hair and blue eyes and rescuing
every light-haired, pale-eyed child the priests
find. Nothing is more important than their
lives — until he sees the healer Mireya bathing
in a forest pool. The puma that shares his soul
screams out in recognition. Mireya is his
soulmate! His!

For Mireya, nothing is more important than
caring for her people. Then Karrak appears
from the shadows, a blond-haired, blue-eyed
god of a man, a man totally unlike any she'd
ever seen before. She discovers a hot, sensual
passion she can't deny. But the man disappears
in a cloud of golden mist and a puma appears

in his place. She's fallen in love with a shape
shifter! When Karrak is captured by the priests
determined to sacrifice him, Mireya risks
everything to save him. Man, god, shape
shifter, puma — it doesn't matter. Love is more
important than anything else.

Excerpt from *Myths and Legends: Puma*

A fly buzzed close to his face, and Karrak
shook his head. Yes, this woman was the kind to
haunt a man's dreams — another man's dreams, not
his — not yet, not while his life was dedicated to
revenge. Years ago, he'd sworn to avenge his
mother's death at the hands of the man who'd
sacrificed her in the name of his religion, and to
protect any other innocents this man might seek to
murder.

He centered his attention on the woman again.
Watching her was a nice way to pass some time, but
she could be nothing else to him. His oath
precluded everything else, including women, no
matter how beautiful and tempting they were. For
ten years, he had done nothing more than observe
women if they happened to cross his path. None
would tempt him from his task, neither human nor
shape shifter.

A bevy of multicolored butterflies fluttered to
the far side of the pool, and the woman laughed
with joy.

When the music in her voice wrapped itself
around him, Karrak froze. The heaviness that had
lain on his heart since his mother's death lightened.

He lashed his tail. Something about her...

Snarling softly, he closed his eyes and shook his
head. No! This woman was nothing to him. He was
a shape shifter. He had absolute control over his
body and emotions. No female could tempt him
from the tasks he had set for himself.

Opening his eyes, he focused his attention back
on the woman in the pool. However, just because
this female wasn't meant for him didn't mean he
couldn't admire her. She'd stopped splashing and
was making her way back to the bank. For the first
time he got a good look at her face.



Enticing Excerpts

MYTHS AND LEGENDS: PUMA

By Judy Mays

(Continued from Page 9)

The two blue vertical lines on her chin accentuated her full red lips. A tiny polished jade bead matched the larger bead in her naval and sat on the left side of her nose. More jade dangled from her ears. Tiny green leaves tattooed in a straight line from one ear, across both cheeks and the bridge of her nose to the other ear drew attention to her deep, dark eyes – eyes that held secrets, secrets he wanted – no, needed to know.

The puma sharing his soul began to purr.

Jerking his gaze away, Karrak blinked and shivered. Another snarl rolled from his throat, this one louder than the first.

“Hello. Is someone there?”

He froze. The last thing he wanted was to reveal his presence.

A macaw called.

A howler monkey answered.

She dropped her hands, splashed out of the pool, grabbed her shift, and pulled it over her head. Picking up her basket, she headed back into the forest the way she’d come.

Once she was gone, Karrak stepped from beneath the undergrowth, his mind troubled. Why had her eyes pulled at him? Why couldn’t he dismiss her from his mind as he’d been able to do with all the other women he’d observed in the last ten years.

Her belt still lay on the ground, and he batted at it. Tail whipping from one side to the other, he lowered his head and sniffed it. Golden mist swirled. The puma disappeared and he stood in his human form.

Bending, Karrak picked up the belt. The secrets he’d seen within the depth of her dark eyes remained in his mind, taunting, teasing. He frowned. Why should he care what she was thinking? He rubbed the soft belt against his cheek. Her scent tickled his nostrils, soft, flowery, sexy. He inhaled. Exhaled. Inhaled again.

Then, revelation blasted his mind. Gasping at the sharp stab of desire that exploded in his stomach, he fell to his knees. The puma in his soul screamed in triumph. She is mine!

Karrak pounded his fist against the ground. Not now, not when he was so close to exacting his revenge! No! Why did he find his mate now? And human! Why human? Few women could understand or cope with what it meant to be mated to a shape shifter.

Karrak closed his eyes for a moment. Now wasn’t the time. What was he supposed to do?

The woman who splashed so innocently in the pool was meant to be his

The puma in his soul screamed again. Find her! Now!

~*~

Visit Judy Mays at: <http://www.judymays.com/>





Sirens of Sensual Romances Present

Decadent Delights

By Alice Gaines

Odd birds on the grill



Who wants to turn on the oven in the summer? We're all grilling and barbecuing this time of year. If you have a covered barbecue, like a Weber, you can use it like an oven by putting the coals on one side of the kettle and then the food on the rack above, away from the coals.

You can make a perfectly great roast like that, but you can also add smoke by putting soaked wood chips, such as hickory, on the hot coals. You can also use your favorite rub – either something of your own creation or something you've bought at the store. Rubs for poultry typically include salt, black pepper, paprika, and cayenne pepper, but you

can experiment with other dried herbs and spices.

In the meantime, there are some things you can do for fun birds on the grill.

Brined turkey breast

(A note on brining: When you're dealing with lean meat, even a few moments of overcooking can make the roast dry and unpalatable. By soaking the meat in brine – a solution of salt and water – you can actually introduce moisture into the meat. It's easy, and it works.)

1 turkey breast half, skin on, bone attached or removed
Water
Salt
Bay leaf
Peeled cloves of garlic
Rub

Mix enough water and salt at the ratio of 1 cup salt to one gallon of water to cover the turkey breast. Submerge breast in brine solution, add bay leaf and garlic, and refrigerate for 4 to 6 hours.

Build your fire as described above. When coals are almost ready, remove the turkey from the brine. Dry thoroughly with paper towels and apply rub. Add wood chips, if using. Place roast on the cool side of the grill, cover and cook until meat is just done. I can't give you a precise time as it will vary with the size of the turkey breast, but I'd start checking after 45 minutes for a large breast. Juices will run clear if you poke the meat. Remember, meat will continue to cook for a while after it's off the grill.



(Note: When turkeys are cheap around Thanksgiving, I always buy an extra frozen one and throw it into my home freezer. Later, it can be thawed in the refrigerator or a picnic cooler. Cut it into pieces the way you would a chicken. Save wings and scraps for stock. You can wrap and re-freeze the other pieces safely if you didn't let the turkey come to room temperature before you cut it up.)



Decadent Delights

Continued from Page 11

Beer can chicken

Whole chicken
1 can of beer or soda pop
1 bay leaf, crumbled
Rub

This is all kinds of fun and makes a really great chicken. The liquid in the beer can is going to steam the chicken from the inside while the outside develops a crispy skin.

Prepare the fire as on Page 11.

Rub the chicken inside and out with the rub. Especially, the inside.

Open the beer can and remove about half the liquid. If you don't want to use beer, you can use any number of other drinks. Soda works. So does lemonade. You could also fill an empty soda can halfway with wine. Using a bottle opener, punch a few extra holes in the top of the can. Put the bay leaf into the can.

Chicken under a brick

You'll need two bricks, wrapped in foil, for this dish. You could also use a heavy pot, such as cast iron.



for a few minutes. Serve.

Place a whole chicken, breast down, on the cutting board. Cut along both sides of the back bone and remove the bone. Turn the chicken over, and press down on the breast bone until the chicken is flat. Dry the chicken and spread with rub.

Put the chicken, breast down, on the cool part of the fire. Press the bricks down onto it. Cover and cook for approximately 25 minutes.

Remove the bricks, flip the chicken, and place over the hot part of the fire. Replace the cover and cook approximately 15 minutes.

Flip the chicken again over the hot part of the fire to brown the breast side



Shove the chicken down over beer can. It will now be able to stand on a tripod created by the can and the two legs.

Stand the chicken upright on the cool part of the grill. Cover and cook until done, approximately 1¼ to 1½ hours. Remove the beer can and carve.





Sirens of Sensual Romances *Contacts and End Notes*

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We hope you enjoyed this issue of the *Sirens of Sensual Romances Newsletter*!
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