

# The Sirens of Sensual Romances

May 2009  
Newsletter



## The Sirens

*Mechele Armstrong*

*Alice Gaines*

*Treva Harte*

*Katherine Kingston*

*Lynn LaFleur*

*Lynn Lorenz*

*Randi Monroe*

*Judy Mays*

*Ruby Storm*

*Samantha Winston*

## Welcome to the Sirens of Sensual Romances Newsletter!

It's May, when April showers bring May flowers, and what better than a beautiful, brightly colored bouquet of stories of erotic love from the novels of the Sirens of Sensual Romances that bring to life your fondest dreams and most forbidden desires.

As a group the Sirens of Sensual Romances have written more than 100 novels, spanning genres from historical to futuristic, from scary horror to action/adventure, from erotically sensual to pass-the-fire-extinguisher HOT!

Our newsletter is released around the 15th of each month. We'll always have interesting articles, excerpts, and featured author interviews, as well as recipes, reviews, and answers to any of your questions about our books and your favorite characters. Each month we'll also have a contest with lots of good things to give away to our wonderful newsletter members.

We love reading your comments. Please keep sending them to: [comments@sensualromances.com](mailto:comments@sensualromances.com). And thank you for subscribing!



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## Siren News



**Mechele Armstrong**  
[www.mechelearmstrong.com](http://www.mechelearmstrong.com)

Mechele Armstrong is thrilled to announce that *Settler's Mine: 3: The Woman* has finaled in the 4<sup>th</sup> Annual Passionate Plume in the futuristic/sci-fi/fantasy category!

In other *Settler's Mine* news, *Settler's Mine 5: The Man* has been contracted by Loose Id.

Also, *Settler's Mine 2: The Lovers* will be moving into print as well as ebook.

Visit Mechele at [www.mechelearmstrong.com](http://www.mechelearmstrong.com) for more details on dates.

**Katherine Kingston**  
[www.katherinekingston.com](http://www.katherinekingston.com)

Katherine Kingston's new novel, *Kyle's Bargain*, will release May 22, 2009 from Ellora's Cave Publishing. Go to <http://www.jasminejade.com/ps-7265-50-kyles-bargain.aspx> for more information. See excerpt of *Kyle's Bargain* beginning on Page 9.



Katherine also signed a contract for a Quickie titled *Phantom Affair*, which will be part of the fund-raiser series for EC Customer Service Manager Martha Panches's daughter, Lara, who died too young as a result of a fire in her apartment building. More information coming soon.

**Lynn LaFleur**  
[www.lynnlafleur.com](http://www.lynnlafleur.com)

**Randi Monroe**  
[www.randimonroe.com](http://www.randimonroe.com)

[Lynn LaFleur](#) and [Randi Monroe](#) are excited to announce that *Turning Point*, the second book in *The Tarot Café* series, will be released by [Ellora's Cave](#) on June 26th. This is the first book written jointly by the team. It will be released in paperback in October.

**Judy Mays**  
[www.judymays.com](http://www.judymays.com)

Later this year, Judy's redneck vampire romance, *Rednecks N' Roses*, which is now part of the *Nibbles N' Bits* anthology, will be released as a separate ebook. Then, in October in time for Romanticon, *Rednecks N' Roses* will be paired with its sequel, *Rednecks N' Rock Candy*, and be released in print.

Also, sometime this summer, her three kitty cat shape shifters at **Changeling Press**, *Myths and Legends: Jaguar, M&L: Puma, and M&L: Ocelot* will be released in ebook as an anthology. Then, in December for Christmas, **Changeling Press** will also be releasing her three Christmas stories in an anthology: *Jingle Balls, Jingle Bites, and Jingle Buns*.

She'll let us know the exact dates in an upcoming issue.

**Other book news:**

**Ellora's Cave** is now going to have regular, planned weekly books on sale - both older ebooks and overstock print books. The new sale books will be posted on Thursdays and change to a new list the following Thursday.

EC is putting together special sales sets. For example, they will have "Salute to" weeks featuring our long-term or most prolific authors. Around holidays, EC will feature books for that holiday from previous years. There may be special themed sales - books featuring merfolk, or mythology stories, or werecats, or...

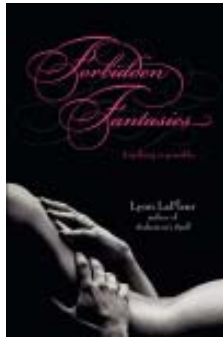
So, here's the chance to take advantage of the great prices on those books you've been wanting for years!



## *Siren Book Signing*



Lynn LaFleur will be signing copies of her newest Avon Red book, *Forbidden Fantasies*, at the Storiebook Café in Glen Rose, Texas on June 20th from 6:00 to 8:00 p.m.



Sign up for Lynn's monthly newsletter, *Lynn's Latest*, for a chance to win an autographed copy of *Forbidden Fantasies* in July. Send an email to [lynn@lynnlafleur.com](mailto:lynn@lynnlafleur.com) with Newsletter in the subject line, and your name and email address in the body of the email.

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## *Siren Contests and Winner*

### *April Contest Winner*

The winner of the April Sensual Romances Siren contest prize is...

Yahoo ID: **Ugee 361**

Congratulations! Please contact our April Sensual Romances Siren of the Month, **Lynn Lorenz**.

**Ugee 361** receives a choice of a print copy of *Soul Bonds* or a pdf of Lynn's new release - *Edward, Unconditionally*, both from **Loose Id**.

### *May Contest*

**Alice Gaines**, our May featured author, is offering a print copy the **Spice Brief anthology** *Naughty Bits*.

Good luck to all subscribers!

♥ **Subscribers, please note our contest rules:** Winners must contact the author of the month named in each issue to redeem prizes. The author must be contacted by the winner before the publication of the following month's newsletter to be eligible to win, or forfeit prize(s).



## Siren Reviews

### SETTLER'S MINE: THE WOLF

By Mechele Armstrong

[www.mechelearmstrong.com](http://www.mechelearmstrong.com)

Publisher: Loose Id - [www.loose-id.com](http://www.loose-id.com)

ISBN: 978-1-59632-855-6

Genre: Paranormal

Cover Artist: April Martinez

**Top Pick from Night Owl  
Romance for Settler's Mine 4:  
The Wolf! 4.75 / 5**

"Clyde has been exiled by his pack leader, which led to his settling on Settler's Mine. And that is how the trouble begins with the reader being taken on one of the wildest and sexiest rides of their life." - Reviewed by

Samantha Ann

<http://nightowlromance.com/nightowlromance/reviews/Review.asp?ReviewId=3514>



### BODY SHOTS

By Mechele Armstrong

[www.mechelearmstrong.com](http://www.mechelearmstrong.com)

Genre: Contemporary erotic romance

Publisher: Loose Id

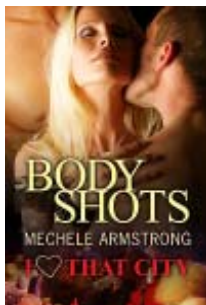
[www.loose-id.com](http://www.loose-id.com)

ISBN: 978-1-59632-867-9

**Five Stars for I HEART THAT  
CITY: Body Shots from the  
Romance Studio!**

"This story is a powerful read with its gripping emotions, passions, a large dose of drama, and a whole lot of sexual tensions and kinks to have the reader hot and bothered. The characters are well developed, emotionally flawed, and haunted by past events to the point the reader knows and understands each character fully. The author does a superb job of showing how important trust is in a relationship no matter how many people are involved." - Reviewed by Shannon

<http://theromancestudio.com/reviews/reviews/bodyshotsarmstrong.htm>



### ALMOST PERFECTION

By Lynn LaFleur

[www.lynnlafleur.com](http://www.lynnlafleur.com)

Publisher: Ellora's Cave

<http://www.jasminejade.com/pm-7050-101-almost-perfection.aspx?skinid=11>

ISBN: 9781419919725

Released: March 18, 2009

Genre: Modern/Contemporary

Length: Novel

"Rating 4 Stars! *Almost Perfection* is the third story in the Coopers' Companions series, and centers on the youngest brother, Brent Cooper. There were characters from the other stories, as well as a few new characters who kept this story flowing to perfection. Overall, I enjoyed *Almost Perfection* and absolutely recommend it to fans as well as those who haven't yet tried Ms. LaFleur's work. You won't be disappointed!" - Reviewed by Stefani Clayton, Just Erotic Romance Reviews

The entire review can be found at:

<http://justeroticromancereviews.com/book-reviews-a-z-author.cfm?sAZ=L>



### MICHELLE'S MEN

By Lynn LaFleur

[www.lynnlafleur.com](http://www.lynnlafleur.com)

Genre: Spectrum/Ménage or More

Publisher: Ellora's Cave

[www.ellorascave.com](http://www.ellorascave.com)

ISBN: 9781419911347

"Rating 4 Hearts! *Michelle's Men* is an entertaining, provocative, and sexy story with adorable characters. I particularly enjoyed the boys wooing Michelle. It was sweet, charming, and sexy. The love scenes are erotic, impressive, and hot. This is a wonderful story to heat up any evening." - Reviewed by Abi, The Romance Studio

The entire review can be found at:

<http://theromancestudio.com/reviews/reviews/michellesmenlafleur.htm>



## Siren Reviews



### DAVID'S DILEMMA

By Lynn Lorenz

[www.lynnlorenz.com](http://www.lynnlorenz.com)

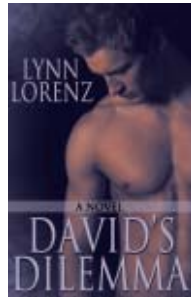
Genre: GLBT Contemporary Romance

Publisher: Amber Quill Press/Amber Allure

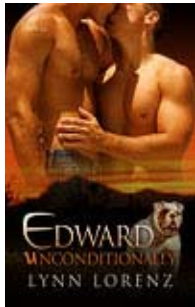
[www.amberquillpress.com](http://www.amberquillpress.com)

ISBN: 9781602725133

Ebookaddict2 Theresa says, "Grab a box of Kleenex and turn on the air conditioner you're going to need both! This is definitely an emotional tear jerker, not for the faint of heart. [Lynn Lorenz](#) never lets her readers down. This story is no exception. *David's Dilemma* is a budding romance between two men with a mixture of hot sex, sad humor and even sadder life reality."



<http://ebookaddict2.blogspot.com/2009/05/davids-dilemma-by-lynn-lorenz-reader.html>



### COMMON POWERS 3: EDWARD UNCONDITIONALLY

By Lynn Lorenz

[www.lynnlorenz.com](http://www.lynnlorenz.com)

Genre: GLBT Paranormal  
Romance

Publisher: Loose Id

[www.loose-id.com](http://www.loose-id.com)

ISBN: 978-1-59632-910-2

[TwoLipsReviews](#) gave Edward 5 Kisses and a Recommended Read!

[http://www.twolipsreviews.com/content/index.php?option=com\\_content&task=view&id=3957&Itemid=36](http://www.twolipsreviews.com/content/index.php?option=com_content&task=view&id=3957&Itemid=36)

[BookWenches](#) says, "This is a love story, but it is not simply about romantic love. Equally important in this book are the love of friends and family and the love of oneself. As I read *Edward, Unconditionally*, I found myself laughing, wiping away the occasional tear, and hoping that this perhaps mismatched couple would find a haven with each other and the happiness that they deserve. I was utterly captivated by both the story and its characters, and I enjoyed every moment of the read. [www.bookwenches.com/april09reviews/](http://www.bookwenches.com/april09reviews/)

### SOLSTICE HEAT

By Judy Mays

[www.judymays.com](http://www.judymays.com)

Genre: Paranormal

Publisher: Ellora's Cave

[www.ellorascave.com](http://www.ellorascave.com)

ISBN: 9781419911484



"*Solstice Heat* by Judy Mays is sure to leave you panting for more as well as panting from the heat it generates. Ms. Mays just proves that some series get even better as they go along with this installment in her Heat series. Considering she started with a scorching beginning to this series; you might want to consider a refrigerated room to read this one in if you do not like being over heated. This installment leaves me purring with contentment and eagerly checking for news of the next book. This is definitely a "Give me MORE, pretty please" type series.... The story line is wonderfully intricate and exciting without dangling the reader off into tangent land. All in all, Ms. Mays deigns to bless us with her talent for creating a masterpiece capable of making you forget that dinner is burning in the oven despite the smoke-alarm going off over your head." - Review by Keely Skillman. [Ecataromance Reviews](#)

<http://www.ecataromance.com/248-reviews?type=&id=829>

*Solstice Heat*. A heart-rending tale of love lost and misunderstandings that stand in the way of gaining true love once more. *4 Kisses*

"*Solstice Heat* is a warm romance that straight away pulls at the heart strings, with star-crossed lovers who will risk everything to be together. Packed with tender love scenes and secondary characters with their own story to tell, this novella is a wonderful read for those who like to shed a little tear as love triumphs." - Reviewed by Jodie Boulter, Created for Romance Divas

[http://216.109.125.130/search/cache?p=Judy+mays&ei=UTF-8&fr=ush1-mail&u=www.romancedivas.com/bookreviews\\_files/SolsticeHeat-Mays.pdf&w=judy+mays&d=SSOHAvmOdYr&icp=1&.intl=us](http://216.109.125.130/search/cache?p=Judy+mays&ei=UTF-8&fr=ush1-mail&u=www.romancedivas.com/bookreviews_files/SolsticeHeat-Mays.pdf&w=judy+mays&d=SSOHAvmOdYr&icp=1&.intl=us)



## Meet the Siren of the Month Alice Gaines

### *Tell us about your latest book, Ménage on a Train*

My latest release is a short work from Harlequin Spice Briefs. It's called *Ménage on a Train* because it's about a ménage that takes place on a train. The title was a joke. I couldn't think of anything else and I was intrigued by Snakes on a Plane. I told the editor we needed to change the title, but she said it grew on her, so there you are.

The train in question runs through some Eastern European mountains, and at one point, there's a long, long tunnel that's pitch dark. Adventurous travelers hook up in the dining car and then go back to their sleepers for anonymous sex. My heroine ends up with two men, and because neither of the guys speak during the encounter, she never knows who's doing what to her.

### *What do you think made you a writer?*

Two things...well, three, actually. First, I've always had an active imagination. Since childhood, I've entertained myself by making up stories in my head. My stories were always better than real life, and furthermore, they were better than books I read and television shows I watched. At least, they were to me. That might be because I starred in all of them. (The exceptions to this rule were *Jane Eyre* and *The Taming of the Shrew*. Nothing is better than those two stories.)

Second, I once had a secretarial job that was so oppressive and so unbearable, I spent all my work hours engaged in fantasy. I thought up a story - again, with me as the protagonist - about a woman officer on a star ship and her growing love for the tactical officer, a man who bore a remarkable resemblance to Patrick Stewart.

The third thing that finally made me a writer at the tender age of (cough) 42 was the purchase of my first personal computer. Now that I had an easy way to write things and revise them, I spent my evenings writing down the story of my heroine's adventures in space. Before WordPerfect for DOS, I was much too lazy to actually try writing a book.



### *What haven't you done that you always wish you had?*

Visit England and Europe. I've pretty much given up flying, so I may never get there.

### *What are you proudest of doing?*

Getting my Ph.D. from the University of California at Berkeley. Even if I never use the degree for its intended use, the education enriched my life beyond measure. There's nothing more wonderful than learning how to think.

### *What is your favorite food/pet/book/vacation spot and why?*

*Food:* Homegrown tomatoes. I'd rather eat homegrown tomatoes than any other food in the world. Forget chocolate. Just give me a ripe, juicy tomato. I eat them like candy, just out of my hand.  
Heaven.

*Pet:* I love snakes! I've been known to knock children aside at reptile demonstrations so that I can get to the snake first. I now have a pet corn snake, and he's the most darling creature in the world and so beautiful. I wish I could have a red-tailed boa, but they get much too big for one human being to handle. So, I have to restrict myself to smaller snakes.

*Book:* Gosh. There's no way to choose. *Jane Eyre*, of course. My favorite romance novel (aside from *Jane Eyre*, which is a romance novel, and so is *The Taming of the Shrew*) is *Flowers from the Storm*, by Laura Kinsale.

*Vacation Spot:* I would really like to get to Europe, but probably the most beautiful place in the world is New Zealand. I have been there, and it hurt my heart when I had to come back home. If there's a Heaven on Earth, it's in Aotearoa.

## *Siren of the Month*

*Alice Gaines*

*Continued from Page 6*

### *Why do you write sensual or erotic romance?*

I like sex, and sex is always better with love. Ergo, erotic romance.

### *What are your upcoming projects?*

I'm doing a second story in the **Three Kinds of Wicked** series from **Red Sage**. The series follows a time and space traveling character named Trey whose task is to help human lovers iron out the difficulties that keep them apart. My first story was a Victorian called *To Touch a Woman*. It may be out later this year.

This new story is a medieval about a Viking raider and the lady of the castle he's just conquered. He intends to conquer the lady, as well, but he needs Trey's help to win her heart. I don't have a title yet. Maybe, I'll call it *Ménage in a Castle*.

I'm also going to start work on a full-length book called *The Sixth Lover* about a widow who travels through Europe, seeking the sexual fulfillment she never had in her marriage. The sixth lover will be her true mate and the end of her sensual quest.

By the way, my website is [www.authoralicegaines.com](http://www.authoralicegaines.com).

Readers are always welcome to e-mail me at [authoralicegaines@yahoo.com](mailto:authoralicegaines@yahoo.com). I love to hear from people!



## *Aphrodisiacs - fact or fiction?*

### **Some Interesting History**

*Source: Cambridge World History of Food*

Aphrodisiacs were first sought out as a remedy for various sexual anxieties including fears of inadequate performance as well as a need to increase fertility. Procreation was an important moral and religious issue and aphrodisiacs were sought to insure both male and female potency.

### **Why Certain Foods?**

There was not always agreement upon what foods were actually aphrodisiacs or "anaphrodisiacs" (decrease potency). But the ancient list included Anise, basil, carrot, salvia, gladiolus root, orchid bulbs, pistachio nuts, rocket (arugula), sage, sea fennel, turnips, skink flesh (a type of lizard) and river snails.

The ancients suggested you steer clear of dill, lentil, lettuce, watercress, rue, and water lily.

In this and following issues of the **Sirens of Sensual Romances Newsletter**, in cooperation with [gourmetsleuth.com](http://gourmetsleuth.com), we'll be featuring everyday foods we keep in our fridge or pantry that can do more than satisfy our sweet tooth or quiet a growling stomach.

### **Asparagus**

Given its phallic shape, asparagus is frequently enjoyed as an aphrodisiac food. Feed your lover boiled or steamed spears for a sensuous experience. The Vegetarian Society suggests eating asparagus for three days for the most powerful effect.

### **Avocado**

The Aztecs called the avocado tree "*Ahuacuatl*" which translated means "testicle tree". The ancients thought the fruit hanging in pairs on the tree resembled the male's testicles. This is a delicious fruit with a sensuous texture. Serve in slices with a small amount of Balsamic vinegar and freshly ground pepper.



## Enticing Excerpts

### *Excerpt from* **ONE OWNER, LADY DRIVEN**

**By Alice Gaines**

Publisher: **Changeling Press**

[http://www.changelingpress.com/  
product.php?&upt=book&ubid=525](http://www.changelingpress.com/product.php?&upt=book&ubid=525)

This is from the first of Alice's Mannhof stories, recently released by Changeling Press as a collection. Get all three stories for one low price.

#### *Excerpt from One Owner, Lady Driven*

Will felt human life spread slowly through him. First transformations took time. Hadn't Klaus Mannhof told him that many times during the construction? He had to switch from the senses that had guided him as a machine to the senses his biological organs would give him. Before, he'd seen with the magic his Designer had given him. Soon, he'd see with human eyes. He needed to find patience somewhere, but this took so damned long.

Smells came first – oil, car upholstery, paint from some cans in the corner. Garage smells. Exactly what Klaus had told him to expect. Then, sounds. A clock ticking, faint noises of nighttime insects through an open window. After what seemed like forever, he had eyes to open, and he looked around to find himself in the large garage where the woman had parked him. A luxury sedan and a wicked, low-slung sports car shared the space with him. Wealth. No matter, material things meant nothing to him.

He watched the last traces of his own change as metal turned to flesh and leather to skin. A heart pumped blood through him, much the way his pistons pumped. Air filled his lungs. He lay on the concrete floor, breathing it in.

So, this was a human body. Not as powerful as his machine identity, but strong in its own right. Different and more complex, just as the feelings were richer. He'd observed the world around him before, but not with all the color and inflection. He'd enjoy being human.

Running his hands over himself, he found smooth skin and coarse hairs on his chest. Muscles worked beneath the surface, contracting and relaxing. Time to test them.

Using his arms to help him up, he rose to his feet. The world lurched, and he almost fell, but he stayed upright, gathering strength and balance. In a moment, he stood tall, his shoulders thrown back. One step and another, and his movements grew easier and more fluid. He could run now if he wanted. He could crouch and leap – things his machine body could never have done. What freedom. If he needed the speed and power, he could change back. As Klaus had told him, the changing got easier with each transformation. Truly, he was blessed.

He was also aroused. Klaus had given him all the best equipment, and now the male part of him – his cock – stood straight out from his body. It throbbed with all the energy of his pistons. This, too, he could enjoy. Now, to find the woman.

~\*~

Visit Alice Gaines at  
<http://www.authoralicegaines.com>



## Enticing Excerpts

*Excerpt from*

### **KYLE'S BARGAIN**

By Katherine Kingston

<http://www.katherinekingston.com/>

Publisher: Ellora's Cave Publishing

Release Date: Available May 22, 2009

Order here: <http://www.jasminejade.com/>

In a desperate attempt to save the small shopping center that houses her bookstore, Meg tries to force developer Kyle into talking to the people his project will displace. She even offers to sleep with him to get his time. He counters with a bargain. He'll give her two hours if she'll spend a night with him in his bed. Plus he won't press charges if she'll accept his punishment instead. Both honor their promises, but neither is prepared for the attraction that blazes between them in the process, turning duty into joy and punishment into pleasure.

Lust blooms into love, but they each have baggage – family, financial and emotional – that will interfere with the relationship. And that's before Kyle warns her that he's into sexual Mastery and occasional threesomes. It's going to take a lot of compromising before either is ready to make a long-term commitment to the other.

#### [Excerpt from Kyle's Bargain](#)

The room was beautifully appointed with heavy drapes shading the windows, shag carpet, dark wood furniture. Oceans of pillows sat atop the satin coverlet on the queen-sized bed. Yet for all that, it contained few personal items. A guest room, most likely.



Without releasing her hand, he dragged off the cover, scattering pillows. Then he drew her to him again, dipped his head and kissed her. Hard, deep, warm, sweet. His mouth covered hers, claimed it, demanded it, nibbling on her lips, nipping, licking, sucking.

The fire inside, which had lain smoldering since the spanking ended, roared to life again. It blazed inferno hot, making her melt toward him. Meg groaned and parted her lips, inviting him in. Prickly sparks zipped all through her. His tongue invaded, explored, captured, filled her with the promise of total completion. He tasted like coffee and Cointreau and fire and man and every sweet thing she'd ever wanted and never thought she could have.

His hands sought the hem of her shirt and worked their way under to run up and down her spine, caressing the skin of her back. She shivered at the feel and the pulsing, electrical sparks it set off in her gut.

Desperate for the feel of his skin, she grabbed a handful of his shirt and yanked it from the waistband of his trousers so she could get her fingers beneath it. Breath sighed out of her as her palms brushed over the smoothness of his back, caressed the small bumps of his spine and hooked on the strong shoulder blades. Hunger for him roused, a desperate need for more than just the taste of his mouth and the feel of his hands. She wanted every inch of him pressed against her, except for the hardness now pressing into her belly. That part she wanted inside. Sooner. Now.

She'd read about this kind of passion, this desperate wanting and needing, but she'd never experienced it before. Not even with David. Odd that it took a man who had irritated and infuriated her to rouse it. A man who gave her what she'd wanted almost forever though she barely realized it.

They each worked buttons for a moment until their shirts hung open and they shrugged out of them, letting the garments drop to the floor. Meg stared at the mouth-watering expanse of masculine chest revealed and reached up to rub over the strong pectoral muscles. A smattering of dark hair roughened the skin there.



## Enticing Excerpts

### KYLE'S BARGAIN

By Katherine Kingston

Continued from Page 9

She dug her fingers into it while Kyle wrestled with the clasp on her bra. After a moment he got it loose and she shook the undergarment off. His gasp of appreciation as he cupped her breasts drove her to kiss him again in thanks. Since she'd never redone the zipper and button of her pants, she had only to give them a nudge and they slid down her hips. She stepped out of them and her shoes at the same time.

He tipped her back onto the bed and Meg sank into the deeply cushioned mattress, floating amidst decadent satin sheets and silk-covered pillows.

"You keep this boudoir ready for all your lovers?" she asked, running a finger down his chest and across his flat belly to the waist of his trousers.

"It's just the guest room. Rita picked out the furnishings. I didn't see any need to change them."

She reached for the button of his pants, but he swept her hand aside and undid them himself. In a smooth, rapid series of motions, he got rid of shoes, socks and pants. He had to lift the briefs over the bulge of his cock, allowing it to spring loose, aiming toward her, when he slid them down his legs and off.

Meg sucked in a breath. He said *she* was beautiful? Kyle Harrison practically defined what a man *should* look like, with his long, lean build, broad shoulders, narrow waist and solid but not bulging muscles. His cock was gorgeous too, jutting proudly from his body, long and thick, weeping a bead of pre-cum to proclaim his readiness.

She wrapped her hand around the hard shaft, eager to explore that most masculine part of him. Aside from a few ridges and veins, the surface was silky smooth and warm. A fine quiver ran through it as she moved her fingers upward toward the rounded bulge at its head.

"Oh, my g—" He choked on the words. His face screwed up into a tense mask that could have looked like pain. "Meg—" A breath heaved in and out. "I wanted to do it slow the first time, give you time to... But it's been so long, I don't think I can."

With her other hand she reached for his wrist and pulled him down onto the bed. Fortunately he caught himself before he toppled right on top of her and crushed her, but he still ended up with his chest pressed into hers and his cock probing at the slit between her legs. She stared up into his face. He looked so appealing with the dark hair flopping down onto his forehead, the blue eyes glinting with silver lights. And the way he gazed at her... As though he actually was concerned about her, as though he cared about her.

"There's time to do slow too," she reminded him. "Later." Meg wrapped her arms around his chest and drew him closer.

~\*~

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## Enticing Excerpts

### Excerpt from **FORBIDDEN FANTASIES**

By Lynn LaFleur

<http://www.lynnlafleur.com>

Publisher: Avon Red

[http://www.harpercollins.com/books/9780061632723/Forbidden\\_Fantasies/index.aspx](http://www.harpercollins.com/books/9780061632723/Forbidden_Fantasies/index.aspx)

ISBN: 9780061632723

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Genre: Contemporary

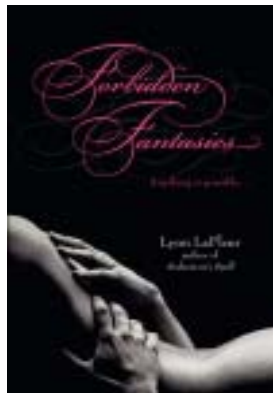
Book Length: Plus Novel

An engraved invitation leads three women on a voyage to the fulfillment of their wildest erotic fantasies.

Celina, who longs to find that one special person. Elayne, who has been burned twice by men and has no desire to get involved with another one. Jasmine, who only wants a good time with no strings attached.

They come together on the pleasure yacht, *S. S. Fantasy*, to honor their college friend who recently died in an accident. It's Celina who first discovers a brochure about the yacht, which states nothing is forbidden onboard and a passenger's most erotic fantasy can come true. They only have to wait until the ship crosses into The Bermuda Triangle.

After that, anything is possible...



### Excerpt from *Forbidden Fantasies*

A gentle breeze brushed Celina's face, cooling her heated skin. She smiled, enjoying the warmth and the salty scent of the ocean. She could hear the waves lapping against the side of the ship. The sound made her feel peaceful.

The sun beat down on her, hot and relentless. It soon became too warm instead of soothing. She shifted, trying to get away from the sun's rays.

She couldn't move. Frowning, Celina slowly opened her eyes. She didn't recognize anything in front of her. Instead of gleaming white, she saw old, grayed wood. Tall masts held billowing sails. There were no salons, no bars. She no longer stood on the deck of the *S. S. Fantasy*, but on the deck of a...

Pirate ship?

Celina looked down at her chest. She'd never seen the blouse she wore. Pale yellow in color, four ties held it closed across her breasts. A thick rope wrapped across her stomach. Her arms were stretched behind her, binding her hands. She tugged, but her efforts made the rope cut into her wrists instead of freeing her.

Frantically, Celina turned her head as far as she could and looked around. She saw no one else. She was alone on the deck, tied to a wooden post.

But how? This didn't make any sense.

"I see you're awake."

Celina whipped her head toward the sound of the voice. She blinked, certain she couldn't really be seeing the vision in front of her. Rand stood six feet away. At least, the man looked like Rand. Instead of the crisp white uniform he should be wearing, he wore dark brown pants, brown boots, and a loose white shirt that was open to his waist. The breeze teased the material, giving her glimpses of his bare chest. His hair was pulled back and tied in a queue, a day's worth of whiskers covered his cheeks and jaw.

"Rand?"

He frowned. "That's Captain to you." He removed a coiled whip that hung from the post next to him. "I thought time alone would teach you who is in command. I see you will need further lessons."



## Enticing Excerpts

### FORBIDDEN FANTASIES

By Lynn LaFleur

*Continued from Page 11*

Celina's eyes widened as she watched him slowly uncoil the whip. Surely he didn't intend to use that on her! "What are you doing?"

"Showing you who is in command." A flick of his wrist and the whip smacked against the deck. Celina flinched. "My only problem is deciding where to start. Those lovely breasts need my attention." He flicked the whip again. "But the thought of turning you over a cannon and applying my whip to your ass is very tempting."

Celina's heart began to pound. Surely this wasn't real. She had to be dreaming. Rand wasn't standing there, dressed like a pirate and holding a whip. If she closed her eyes for a moment, she'd wake up and be back in her bed on the yacht. Yes, that's exactly what would happen. Taking a deep, even breath, she closed her eyes.

They popped back open when the tip of Rand's whip whooshed by her ear. His lips curved up in a wicked grin as he pulled the whip back to his side.

"Sleeping is not allowed, Celina. You must be awake for your lesson."

"I don't understand this," she whispered.

"You don't have to understand. All you have to do is accept whatever I decide to do to you."

He drew back his arm. Celina closed her eyes tightly and braced herself for the strike. She felt the air on her chest from the whip's movement, but no pain. She looked down. The top tie of her blouse had snapped in two. "How did you..."

"I'm very good with my whip."

Another flick of his wrist and the second tie was broken. The breeze picked up the edges of her blouse, exposing the inside slopes of her breasts.

"The view is getting better, but I want more."

So did Celina. She should be scared out of her mind. Instead, her body heated with each flick of his whip. Her nipples beaded, pressing against her blouse.

Rand's gaze snapped to her breasts. He smirked. "Why, Celina. Are you getting excited?"

She refused to answer him. His whip snapped again, breaking the third tie. "I suggest you answer my question before I use the whip on your skin."

"I don't get excited by barbarians."

"No? Your body says otherwise."

One more flick and the last tie was broken. A sudden gust of wind blew Celina's blouse completely open. Rand stared at her breasts as he stalked toward her. He ran the handle of his whip over one hard nipple. "I think your body is very excited." Switching to the other nipple, he caressed it with the whip's handle until it hardened too. "I think it wants whatever I do to it." He looked into her eyes. "Does it?"

~\*~

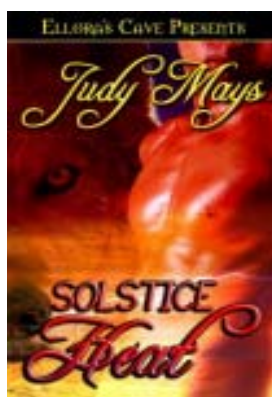
Visit Lynn LaFleur at  
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## Enticing Excerpts

Excerpt from  
**SOLSTICE HEAT**  
By Judy Mays  
[www.judymays.com](http://www.judymays.com)

Love triumphs over misunderstanding and feelings of betrayal. Once mated, the bond shared by male and female werewolves was unbreakable. Garth and Eileen could be happy again. But, Eileen's violent mate wanted her back. And – the CIA is hunting Garth.



### Excerpt from Solstice Heat

Garth was striding across the clearing.  
One button undone, Eileen froze.

He stopped a few feet away. "How much did he hurt you?"

As Eileen stared into his face, she mentally cursed his sister.

Anger radiated from his tense body. "Tell me where he is and I'll kill him."

Tears welled in her eyes. Why did he have to be so damn noble? Blinking, she shook her head. "No. He's not worth it."

A deep growl rumbled from his chest. "Any Were who treats his - mate - in such a way deserves to die. That - Were - deserves to die for what he did to you."

She lifted her hand. "Oh Garth..."

She'd never seen him so angry.

Then she smelled blood, his blood. Her gaze snapped to his rib cage.

Though they were beginning to crust over, three parallel cuts still seeped blood. More of it was dried on his abdomen and hip.

"What happened?" She looked closer.

The nasty gashes on his ribs weren't his only injuries. His left ear lobe was crusted with dried blood, and there were bites on his shoulder and calf. His right eye looked puffy. Most of his body was covered with a mixture of dirt and bloody mud.

After another quick perusal of his body, she looked up into his face. "How did this happen?"

His eyes looked as hard as steel. "The bear and I sparred."

"Sparred! Bullshit. This isn't sparring! It looks like George tried to gut you. Why? And those bites aren't from a bear. They're from another wolf."

Shrugging, he rubbed his wrist. "Belle got mad at me." His stare never left her face.

As she bit her lip, Eileen felt her anger flare higher. Bill had never answered her questions either. Whenever she questioned him he told her it was none of her business or not to worry about it. She wasn't going to be treated like her thoughts and opinions didn't matter ever again. "Damn it, Garth. You picked a fight, didn't you? Two fights. One with Belle and one with George. You weren't sparring with him, you were fighting. I remember how you and your brothers used to 'spar'!"

He narrowed his eyes. "What do you care?"

Curling her hands into fists, Eileen glared at him. "What do I care? You ass. Why wouldn't I care?"

He cocked an eyebrow. His stare became more intense. "You mated someone else."

Digging her nails into her palms, Eileen stamped her foot. Damn him. How could he not understand being taken away from him was the most traumatic experience of her life. "I was kidnapped - by my own parents, dragged off to a pack where I didn't know anyone in a place I'd never been before with no way to leave! I was lied to, manipulated into believing I was unacceptable to your family! I was pushed into mating another Were."

He wiped some dirt off his arm. "So?"

She gaped. She blinked back the tears that threatened to fall. "So? So! You are such an ass." Balling her fist, she punched him - on the still seeping cuts.



## Enticing Excerpts

### SOLSTICE HEAT

By Judy Mays

*Continued from Page 13*

Fresh blood splattered, then more blood began to flow.

Shock and surprise leaped onto his face.

Eileen didn't even try to hide her smug smile.

He grimaced, grunted, sucked in a breath.

"Fuck, that hurt."

She wiped her hand on her shirt, stretching her fingers to bring the feeling back. Punching him was like punching a wall. "Good. It was supposed to. Now let me stitch you up before you bleed to death or those cuts get infected."

"Why should I?"

"Because, you stupid ass, I love you."

~\*~

### Aphrodisiacs - fact or fiction?

*Continued from Page 7*

#### Carrots

Another good reason to eat carrots – believed to be a stimulant to the male. The phallus shaped carrot has been associated with stimulation since ancient times and was used by early Middle Eastern royalty to aid seduction. High vitamins and beta-carotene. Perhaps a justification for a piece of carrot cake?

#### Coriander (Cilantro seed)

The book of The Arabian nights tells a tale of a merchant who had been childless for 40 years but was cured by a concoction that included coriander. That book is over 1,000 years old so the history of coriander as an aphrodisiac dates back far into history. Cilantro was also known to be used as an "appetite" stimulant.

#### Figs

An open fig is thought to emulate the female sex organs and traditionally thought of as sexual stimulant. A man breaking open a fig and eating it in front of his lover is a powerful erotic act. Serve fresh Black Mission figs in a cool bowl of water as it is done in Italy and be sure to eat with your fingers!

#### Honey

Many medicines in Egyptian times were based on honey including cures for sterility and impotence. Medieval seducers plied their partners with Mead, a fermented drink made from honey. Lovers on their honeymoon drank Mead and it was thought to sweeten the marriage.

#### Liquorice (licorice)

The Chinese have used licorice for medicinal purposes since ancient times. The essence of the *Glycyrrhiza glabra* (licorice) plant, *glycyrrhizin*, is fifty times sweeter than sugar. Chewing on bits of licorice root is said to enhance love and lust. It is particularly stimulating to woman.

Visit Judy Mays at  
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We'll add to the list next month!



## *Decadent Delights*

*By Siren Alice Gaines*

### *A salad for all seasons.*



Tomato time is coming. If you're like me, you're haunting the plants in your garden, watching the progress of the tiny, yellow flowers as they turn into green fruits and grow bigger and bigger. You're begging one – just one! – to turn red so you can have the greatest food on Earth again, the homegrown tomato. Soon, you'll have a whole bounty for salads, so let's talk salad dressing.



I love creamy salad dressings, but the ones for sale in the supermarket left me cold. The stuff in bottles tasted artificial, and the powdered mixes weren't much better. The dressings in jars in the produce section were too thick and pretty much just tasted like mayonnaise. I'd have to make my own.

I could never find a recipe that didn't involve eight or ten ingredients and lots of messy measuring. Finally, one of the cooking shows gave instructions so easy I didn't think they could possibly work. But, they do, so I'm going to share them with you.

I'm going to give you measurements so you have a ballpark idea of the quantities. But honestly, the best way to make this dressing is just to sit down and mix the ingredients until you have them to your liking.

### Unbelievably easy creamy salad dressing

1 cup mayonnaise  
3 - 4 Tbs. Finely minced shallot or other very mild onion  
4 Tbs. Red wine vinegar  
ground pepper to taste  
hot sauce (such as Tabasco) to taste  
milk or cream to thin

What you do is mince the shallot very fine and dump it into a bowl. Add mayonnaise and stir. Gradually stir in vinegar, tasting after every addition. When it's the tartness you like, add pepper and hot sauce.

If this dressing seems too thick for you (it usually does for me), thin it with some milk or cream until it's the right consistency. Refrigerate.

### *Variations:*

Blue cheese dressing – add crumbled blue cheese to taste  
Cole slaw dressing – if you like sweetness in your slaw, add sugar to taste.

**Please note:** for slaw do **NOT** thin this dressing. The cabbage will exude juice as it sits, thinning the dressing for you and adding cabbage flavor.



You'll note that I called this column "A salad for all seasons." What about a salad for the dead of winter? Well, last holiday season I went to lunch with some friends. They ordered a green salad with maple syrup vinaigrette. Both of them raved about how good it was, so I went online and looked up some recipes. Here's one that I adapted to my own way of making it. Maple syrup in salad dressing sounds really weird, but it's great.

### Maple vinaigrette

1/2 teaspoon dry mustard  
1/4 teaspoon dried basil  
2 Tbs. balsamic or cider vinegar  
1/4 cup Pure Vermont Maple Syrup  
1-1/2 tsp. lemon juice  
1 small clove garlic, minced  
1/2 cup extra virgin olive oil or other type of oil  
Salt and pepper to taste

Chop the garlic fine, sprinkle with a tiny bit of salt, and mash with the side of a knife until it's a paste. Place garlic, mustard, basil, and vinegar in a jar with a tight lid. Must be tight! Shake, shake, shake. Add maple syrup and lemon juice. Shake some more. Add oil and shake well. Taste and add salt and pepper.

For the salad. Tear apart your favorite greens. Add thin slices of apple and/or pear. Add candied pecan halves (recipe to follow). Add crumbled goat or blue cheese. Add some salad dressing and toss well. Top with croutons, if you like.



### Candied pecans

1 cup pecan halves  
5 Tbs. confectioners sugar  
Oil for frying  
Salt to taste  
Cayenne pepper to taste

Simmer nuts in water to cover for 5 minutes until somewhat tender. Dry thoroughly on paper towels. Combine pecans with sugar. Coat them well. Heat oil to 350 degrees. Fry nuts in oil briefly.

Don't dry these on paper towels as they'll stick! Spread on parchment paper or on a cookie sheet. Nuts will stick to each other, so separate them. Season with salt and cayenne.





## *Contacts and End Notes*

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We hope you enjoyed this issue of the *Sirens of Sensual Romances Newsletter*!  
Our next issue will go out in mid-June 2009.